WELCOME & INTRODUCTIONS
Kathryn Lawler, ARCHI
AGENDA

• Atlanta Transformation Scenario
• Year in Review: 2018
• Expand Insurance Priority Update
• Health Equity Review
• 500 Cities Data Presentation and Exploration
• Data + Community Perspective
• Announcements & Closing
ATLANTA TRANSFORMATION SCENARIO

- FAMILY PATHWAYS
- EXPAND INSURANCE
- GLOBAL BUDGETING
- INNOVATION FUNDS
- CARE COORDINATION
- HEALTHY LIFESTYLES
- CAPTURE AND REINVEST

Health Equity
BUILDING BETTER OUTCOMES

Health is not balanced in Atlanta. Many neighborhoods do not have the resources they need to live active, healthy lives. Not all Atlantans have access to healthcare. Historic inequities hold back too many individuals and families.

How will ARCHI drive health systems transformation? By committing to a 28-year plan that comprehensively addresses health and health equity, far beyond healthcare.

What does health for all look like? Expanding insurance and economic opportunity, promoting healthy lifestyles and efficient healthcare provision will improve health status and increase the region’s economic vitality.

INNOVATION FUNDING
Diverse investments support the development of new models of care and new alignments between clinical and non-clinical services.

FAMILY PATHWAYS
Improve economic prospects for families and students including education, job training, affordable housing, and transportation.

EXPAND INSURANCE
Bolster rates of health insurance coverage.

IN 2040 WE WILL SEE
-7% in worker productivity
+16% in access to preventative & chronic care
-45% in non-urgent ER visits
-13% in healthcare costs
-13% in hospital readmissions

CAPTURE & REINVEST
Payers calculate healthcare cost savings from interventions and invest a percentage into community health.

CARE COORDINATION
Providers share information across systems to reduce duplication. Supportive services help individuals and families navigate clinical and community services.

GLOBAL PAYMENTS
Healthcare dollars incentivize care that keeps people healthy, not just treating them when they are sick.

HEALTHY LIFESTYLES
- Reduce smoking and tobacco use
- Improve diet and nutrition
- Increase exercise and physical fitness
- Reduce drug and alcohol use
- Reduce unprotected sex and STI transmission
- Increase preventative care efforts for physical and mental health
2018: a year in review

Winner of U.S. News & World Report’s 2018 Community Health Leadership Award
EXPAND INSURANCE
Redlining Legacies - Neighborhood Disinvestment and Gentrification

Map by: Atlanta Regional Commission
THE LEGEND OF THE
Black Mecca
Politics and Class in the Making of Modern Atlanta
MAURICE J. HOBSON
Analysis by Neighborhood Nexus using the CDC’s 500 Cities data (2017)

Composite City-wide Health Rank*
- 1 to 25
- 26 to 50
- 51 to 75
- 76 to 100
- 101 to 131

Atlanta City Limits

* 1=Best Health; 131=Worst Health
“Not everything that is faced can be changed, but nothing can be changed until it is faced.”

- James Baldwin
The Role of Highways in American Poverty

They seemed like such a good idea in the 1950s.
Mechanicsville, GA
Cramped El Bracero living quarters, photograph by Leonard Nadel, 1956
Courtesy of Leonard Nadel Bracero Photograph Collection, Division of Work & Industry, National Museum of American History, Smithsonian Institution
Mexicans entering the United States immigration station, El Paso, Texas, June 1938, photograph by Dorothea Lange
Courtesy of Library of Congress, Farm Security Administration Collection, LC-DIG-fsa-8b32436
What we know about the immigrant population in GA?
Addressing the social determinants of equity:

Why are there differences in resources along the cliff face?

Why are there differences in who is found at different parts of the cliff?

Jones CP et al. *J Health Care Poor Underserved* 2009.
Who is the gardener?

- Power to decide
- Power to act
- Control of resources

- Dangerous when
  - Allied with one group
  - Not concerned with equity

“Health [inequity] is not an accident, but a production of society.”
- Natalie Burke

“We are too focused on health as an individual issue. We are ahistorical. We are invested in the myth of meritocracy. This makes us feel powerless and not understand our power. Ask what can WE do rather than what can I do.”
- Camara Jones

“Equity is not fast or efficient.”
- Odetta MacLeish-White

“Equity can’t happen when policy is being done to people, not with people.”
- Tom Weyandt

“Begin by shifting the narrator to shift the narrative. We change by centering our voices, and early.”
- Alison Johnson

“Atlanta as the ‘Black mecca’ is a myth. Atlanta’s Black poor folks have consistently been abandoned by both Whites and by the Black elite.”
- Maurice Hobson

“Calling Atlanta ‘the city too busy to hate’ was giving ourselves a pass, allowing ourselves to forget all that has happened here. Ask ‘why are things the way we are’? We all traffic in mythologies.”
- Doug Blackmon

“Racism saps the strength of the whole society.”
- Camara Jones
Your city
Your health
Your voice

GEORGIA HEALTHY CITIES

Georgiahealthycities.org

Powered by Neighborhood Nexus
Health and Wellness Toolkits

1. Drive health conversations at the local level

2. Strengthen community partnerships

3. Have an open community conversation about policy interventions
Health and Wellness Toolkits

1. ANALYTICS

2. VISUALIZATIONS

3. COMMUNITY WORKSHOPS
The 500 Cities Project: Local data for better health
Health at the neighborhood level: The CDC’s 500 Cities project

- To help communities pinpoint where policy interventions may be most effective, the CDC created the 500 Cities dataset.
- This dataset uses modeling techniques to estimate overall health and disease risk for the country’s largest 500 Cities.
- The dataset makes it possible to examine the health of a city overall and at the neighborhood scale.
## 500 Cities health measures

### Health Outcomes
- Arthritis
- Current asthma
- High blood pressure
- Cancer
- High cholesterol
- Chronic kidney disease
- COPD
- Coronary heart disease
- Diagnosed diabetes
- Mental health not good for 14 or more days
- Physical health not good for 14 or more days
- All teeth lost among adults age 65 or older
- Stroke

### Prevention
- Current lack of health insurance
- Visits to doctor for routine checkup
- Visits to dentist or dental clinic
- Taking medicine for high blood pressure control
- Cholesterol screening
- Mammography among women age 50 to 74
- Older adults age 65 and older who are up to date on core preventative services
- Colonoscopy among adults ages 50 to 75
- Well woman checkup among women 21 to 65

### Unhealthy behaviors
- Binge drinking
- Current smoking
- No leisure-time physical activity
- Obesity
- Sleeping less than 7 hours

*For additional details*
Visit cdc.gov/500cities for additional details about the data and the model

Georgiahealthycities.org
<table>
<thead>
<tr>
<th><strong>Georgia cities in the 500 Cities dataset</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Albany</strong> *</td>
</tr>
<tr>
<td><strong>Atlanta</strong> *</td>
</tr>
<tr>
<td>Athens</td>
</tr>
<tr>
<td><strong>Augusta</strong></td>
</tr>
<tr>
<td><strong>Columbus</strong> *</td>
</tr>
<tr>
<td>John’s Creek</td>
</tr>
</tbody>
</table>

* Denotes a Georgia Healthy Cities location
Atlanta –
Overall City Health
How Atlanta stacks up

Among the country’s largest 500 cities, Atlanta ranks:

- **#266 – Overall health**
- **#374 – Health outcomes**
- **#123 – Prevention**
- **#308 – Unhealthy behaviors**
4 High Risk Health Issues

When compared to the country’s largest 500 Cities, Atlanta’s residents have elevated prevalence rates of:

- Diabetes
- High Blood Pressure
- Asthma
- All Teeth Lost

Visit bit.ly/500CitiesGeorgia to explore more percentile rankings.

Georgiahealthycities.org
Other Health Issues across the City

- **Poor/Low Sleep**
  - Percentile rank (nationwide)
  - Number of tracts

- **Binge Drinking**
  - Percentile rank (nationwide)
  - Number of tracts

Exploring the spatial patterns of equity issues and health risks

- Income
- Poverty
- Housing
- Education
- Gender
Housing costs more than 30% of income

% Occupied units

- 75.43% - 81.5%
- 62.52% - 75.42%
- 49.62% - 62.51%
- 36.71% - 49.61%
- 23.8% - 36.7%
- 20.7% - 23.79%

Diabetes

Diagnosed diabetes

- 21.5% - 23.6%
- 15.1% - 21.49%
- 8.7% - 15.09%
- 2.3% - 8.69%
- 0% - 2.29%

Georgiahealthycities.org
Less than High School Diploma

Diabetes

% Population
- 25.16% - 33.9%
- 16.18% - 25.15%
- 7.2% - 16.17%
- 0% - 7.19%

Diagnosed diabetes
- 21.5% - 23.6%
- 15.1% - 21.49%
- 8.7% - 15.09%
- 2.3% - 8.69%
- 0% - 2.29%

Georgiahealthycities.org
Single Female Headed Households

% Single-Parent Family
- 35.61% - 59.96%
- 25.7% - 35.6%
- 15.79% - 25.69%
- 5.88% - 15.76%
- 0% - 5.87%

Diabetes

Diagnosed diabetes
- 21.5% - 23.6%
- 15.1% - 21.49%
- 8.7% - 15.09%
- 2.3% - 8.69%
- 0% - 2.29%
Exploring the relationship of related diseases

- High Blood Pressure
- Coronary Heart disease
- High Cholesterol
- Stroke
High Blood Pressure

- High blood pressure
  - 53.87% - 56%
  - 41.35% - 53.86%
  - 28.83% - 41.34%
  - 16.31% - 28.82%
  - 3.8% - 16.3%
  - 0% - 3.79%

Coronary Heart Disease

- Coronary heart disease
  - 9.24% - 10.8%
  - 6.67% - 9.23%
  - 4.1% - 6.66%
  - 1.53% - 4.09%
  - 0% - 1.52%
High Blood Pressure

High blood pressure:
- 53.87% - 56%
- 41.35% - 53.86%
- 28.83% - 41.34%
- 16.31% - 28.82%
- 3.8% - 16.3%
- 0% - 3.79%

High Cholesterol

High cholesterol:
- 42.11% - 42.4%
- 35.15% - 42.1%
- 28.18% - 35.14%
- 21.22% - 28.17%
- 14.25% - 21.21%
- 0% - 14.24%
High Blood Pressure

Stroke
Exploring the landscape of care

- Prevention care
- Those on public health insurance
- Those without health insurance
Uninsured

% Uninsured

- 27.99% - 41.7%
- 19.08% - 27.98%
- 10.17% - 19.07%
- 1.27%
- 0% - 1.26%

Public Insurance

% with Public Insurance

- 75.25% - 100%
- 57.1% - 75.24%
- 38.95% - 57.09%
- 20.8% - 38.94%
- 2.65% - 20.79%
- 1% - 2.64%

Georgiahealthycities.org
Visits to Doctor

Dental Care Visits

Georgiahealthycities.org
Access to healthy amenities

- Vehicle Ownership
- Healthy Foods
Community Health Survey

Tell us your views about your neighbors, community events and voting. Shift the button to the place on the scale that represents your viewpoint.

I prefer talking face-to-face with my neighbors.
No, I do not ———— Yes, I do

I prefer talking on an internet message board with my neighbors.
No, I do not ———— Yes, I do

If I needed help, I could ask my neighbor.
No, I can not ———— Yes, I can

I enjoy attending community events in my neighborhood.
No, I do not ———— Yes, I do

I wish there were more community events in my neighborhood.
No, I do not ———— Yes, I do

I wish there were health events in my neighborhood.
No, I do not ———— Yes, I do
Website: www.GeorgiaHealthyCities.org


Bernita Smith – (470) 378 – 1605

Bsmith@atlantaregional.org
1: Create two groups at your table
2: Designate someone to manage a laptop or tablet
3: Select areas of interest and explore the data
4: Reflect and answer the questions on the handout
   • What did you see or learn in the data you explored?
   • In what ways can you use these data to support current or future opportunities? Please be as specific as possible.
   • How do these data illuminate parts of the system that are perpetuating health inequities?
DATA + COMMUNITY PERSPECTIVE

Na’Taki Osborne Jelks
Michelle Rushing
TABLE DIALOGUE PART 2

1: Jot down new insights or questions that arise in the additional thoughts section of the handout
2: Discuss your thoughts with your group
TABLE REPORT OUT
ANNOUNCEMENTS & CLOSING
Evonne Yancey
EVALUATION IN 2019

It starts with you, our partners!
ARCHI PARTNERS

Alliant GMCF
American Cancer Society
American Diabetes Association
Arthur M. Blank Family Foundation
Atlanta Community Food Bank
Atlanta Community Health Interfaith Partners
Atlanta Housing Authority
Atlanta Humane Society
Atlanta Neighborhood Development Partnership (ANDP)
Atlanta Regional Commission
Atlanta Relay Bike Share
Atlanta Volunteer Lawyers Foundation
BlueFlowers.org
CareSource
Carter Center
Charitable Connections
ChildKind
Children’s Healthcare of Atlanta
CHRIS Kids, Inc.
Clayton State University, School of Nursing
Club E. Atlanta
Common Market Georgia
Community Foundation for Greater Atlanta, Inc.
Community Health Interfaith Partners
Community of College Park
Concerned Black Clergy
DeKalb County Board of Health
DeKalb County Government
Diabetes Community Action Coalition, Inc.
Emory Fuqua Center for Late Life Depression
Emory Healthcare
Emory University – Partners for Equity in Child and Adolescent Health
Emory University – Urban Health Initiative
Enterprise Community Partners
Families First, Inc.
Friends of Refugees
Fulton County Government
Fulton and DeKalb Hospital Authority
Gateway Center
Georgia Alliance for Health Literacy
Georgia Center for Nonprofits
Georgia Department of Public Health
Georgia Global Health Alliance
Georgia Health Policy Center
Georgia Higher Arts and Technology Training Institute
Georgia Institute of Technology
Georgia Primary Care Association
Georgia State University
Georgia Supportive Housing Association
Georgia Watch
Get Georgia Reading
Global Dialogues
Grady Health System
Health Equity Advocacy & Resource Center
Health Management Associates
Health Promotion Action Coalition, Inc
Hillside
Historic Westside Gardens Atl, Inc
I Can Be The Change
Insure Georgia
Jesse Parker Williams Foundation
Jesus Set the Captive Free
Kaiser Permanente of Georgia
Ladybug for Girls Foundation, Inc.
Legacy Community Housing Corporation
Live Living International Foundation
Marcus Autism Center
Mental Health America of Georgia
Metro Atlanta Urban Farm
Metropolitan Counseling
Midtown Assistance Center
Muni Cares, Inc.
Oakhurst Medical Centers
Odyssey Family Counseling Center
One Talent Inc.
Open Hand Atlanta
Partnership for Southern Equity
Perkins & Will
Piedmont Healthcare
Resurgia Health Solutions
Rimidi, Inc
RiteAid Pharmacy
Saint Joseph’s Health System/Mercy Care
Saving Our Sons & Sisters International
Shepherd Center, Inc.
SK Collaborative
South Fulton Human Services Coalition
Southside Medical Center
Susan G. Komen Greater Atlanta
TechBridge
TQIntelligence, Inc.
Truly Living Well
United Way of Greater Atlanta
Veterans Empowerment Organization
Visiting Nurse Health System
Voices of Georgia’s Children
Wellcare
Wellstar Health System
West End Medical Center Inc.
UPCOMING

Parks are the Heart of Community
March 25th, 2019 | Atlanta Botanical Garden
www.parkpride.org

New Grant Opportunities:
https://www.thefdha.org/

ARCHI Quarterly Breakfast: June 12, 2019
Registration will be available at www.archicollaborative.org